



## 4TH NATIONAL CONFERENCE

### “PREVENTION OF YOUNG CHILD ABUSE”

WARSAW, 17TH JUNE 2011

**Organizers:**



**Cooperation:**

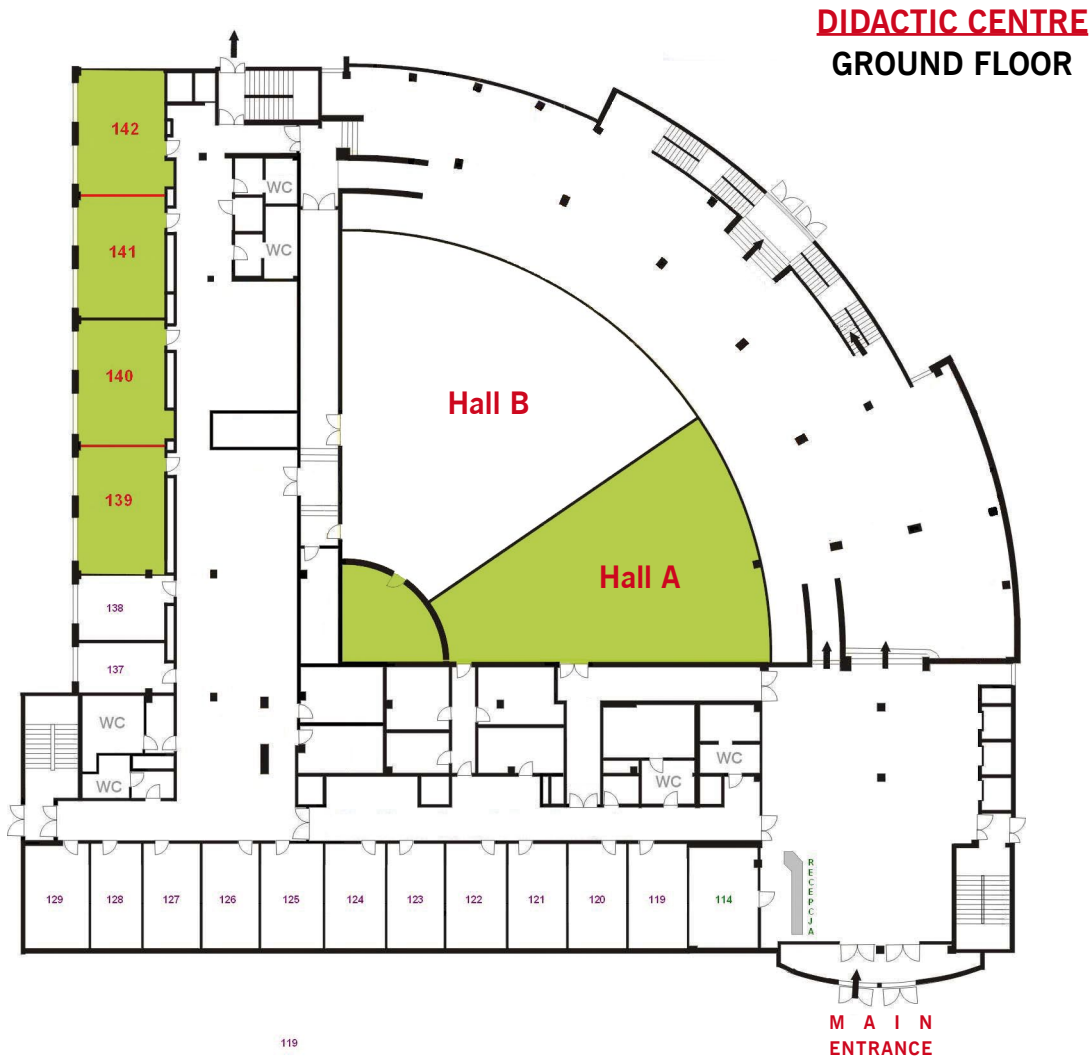


**Co-financing:**



## ORGANISATION INFORMATION

### ROOMS - GROUND FLOOR



Conference lectures take place in the **Lecture Theatre A** and in the rooms 139, 140, 141, 142.

Lunch and coffee is served **in the hall on the – 1 floor**.

Participants can receive educational credits awarded by the Medical Chamber (7 credits). In order to obtain a confirmation of participation in the Conference, please contact the Conference reception point. The certificates will be issued since 16.00.

The sessions in the Lecture Theatre A will be translated into Polish/English.  
The headphones are available at the registration desk.

## THE 4TH NATIONAL CONFERENCE

### “PREVENTION OF YOUNG CHILD ABUSE”

WARSAW, 17TH JUNE 2011

The Conference is organised within the “Good Parent – Good Start” program run by the Nobody’s Children Foundation

#### **Honorary patronage:**

Minister of Labour and Social Policy, Minister of Health,  
Warsaw Branch of the Polish Paediatric Association, Polish Society of Family Medicine

#### **Academic Committee:**

*Prof. MD Maria Katarzyna Borszewska-Kornacka*  
*MD Elżbieta Buczkowska*  
*Prof. MD. Anna Dobrzańska*  
*MD Teresa Jackowska*  
*PhD Maria Kolankiewicz*  
*PhD Irena Kornatowska*  
*Prof. MD Andrzej Marciński*  
*MD Aneta Nitsch-Osuch*  
*PhD Monika Sajkowska*  
*PhD Magdalena Stawicka*  
*Prof. MD Andrzej Steciwko*  
*Prof. MD Janusz Ślusarczyk*

#### **Organizing Committee:**

*Iwona Bruśk*  
*Joanna Dolińska-Dobek*  
*Aneta Duda-Zalewska*  
*Karolina Lewandowska*  
*Karolina Mazurczak*  
*Elżbieta Piechowiak-Modrzejewska*  
*Magdalena Polaszewska-Nicke*  
*Renata Szredzińska*  
*Alicja Teodorowicz*

## ORGANIZERS:

### Nobody's Children Foundation



The Nobody's Children Foundation was founded in 1991. It is a non-governmental non-profit institution whose aim is to protect children against abuse and to provide help to abused children, their families and carers. In our facilities we offer psychological, medical and legal assistance to the victims of abuse, and to their carers. We undertake actions aimed at improving the situation of children – witnesses in legal proceedings. We run to prevent child abuse on the Internet. We organise specialised training courses on issues related to child abuse for diverse professional groups and interdisciplinary teams. We conduct research and analyses which expand the knowledge on the subject and on which we base our actions. An important area of our activity are prevention programs, among them: “Good Parent – Good Start program: Prevention of Young Child Abuse”.

### The Warsaw City Hall – Social Policy Office



Miasto  
Stołeczne  
Warszawa

The Social Policy Office of the Warsaw City Hall while realising its tasks focuses on analysis of social needs of Warsaw inhabitants and on possibilities of satisfying their needs by, among others, creation of adequate social programs and supervising tasks implemented by dependent units. Main areas of activities cover: child and family assistance, assistance for disabled and elderly persons, prevention of addictions and violence, prevention of homelessness and mitigation of its consequences, as well as assistance for refugees and repatriates. Non-governmental organisations are important social partners of the City Hall which financially supports their professional activities.

### Medical University of Warsaw



Medical University of Warsaw is the largest medical university in Poland. 11 departments and 3 specialisations gather almost 11 000 students, including 500 students from other countries. The University also offers PhD and postgraduate studies and organises specialisation and complementary professional trainings and courses. Academic and teaching staff consists of 1500 employees, including over 100 full professors. Department of Health Education is the newest department in the structure of the Medical University of Warsaw. At present it educates students in 5 academic areas: dietetics, nursing, obstetrics, medical emergency and public health. The program of the studies is implemented in a two-stage system and in three modes: day, evening and extramural. Moreover the University realises the so called “bridging courses” for nursing and obstetrics. It is a dynamically and rapidly developing unit. In 2007 it was certified to grant the title of Doctor of Medicine, and in 2009 it was certified to grant the degree of Doctor of Health Science.

### Cooperation: ZERO-FIVE. Foundation for mental health of young children



The Foundation was created at the beginning of 2008. The Foundation's mission is to give more attention to mental health of young children and their families, to expand knowledge on the importance of the early development phase in the human life cycle, as well as to create adequate forms of assistance aimed at supporting healthy development and preventing disorders. Since the beginning, the foundation's actions have had multilevel nature. They are addressed to parents of young children, to parents expecting a child, to professionals working with young children and their families, as well as to the whole society. The Foundation offers to parents psycho-education sessions e.g. in the form of workshop cycles or individual psychological, nutrition and breastfeeding consultations and physiotherapy. Parents of newborns and infants may obtain help in form of home visits run by specialists. The ZERO-FIVE Foundation organises and carries out trainings and seminars for professionals on mental health of infants and small children, and early intervention. The Foundation participates also in social campaigns coordinated by other organisations (e.g. Nobody's Children Foundation). An important element of the foundation's activity is realisation of author programs aimed at promotion and prevention within the scope of mental health of young children, by supporting and educating parents.

# PROGRAM OF THE 4TH NATIONAL CONFERENCE

## “PREVENTION OF YOUNG CHILD ABUSE”

17TH JUNE 2011

8.00-9.00	<b>Registration of participants</b>		
9.00-10.30	<b>Plenary session</b> <ul style="list-style-type: none"><li>■ Opening of the Conference</li><li>■ Presentation of Alina Margolis-Edelman Award for outstanding work in the field of protecting children against abuse.</li><li>■ <i>Mental health of young children in the changing world – from development theories to therapeutic practice</i> – Kai von Klitzing (Germany)</li></ul>		
10.30-10.50	<b>Coffee break</b>		
10.50-12.50	<b>Discussion panel</b> <ul style="list-style-type: none"><li>■ <i>System of support to parents of young children in Poland – standards, challenges and possibilities</i></li></ul>		
12.50-13.30	<b>Lunch break</b>		
13.30-15.00	<b>Parallel sessions</b> <p>How to effectively prepare and run prevention programs addressed to parents of young children – presentation of international good practices</p> <ul style="list-style-type: none"><li>■ <i>Prevention of Placing Babies in Institutions</i> – Prof. Nelli Petrova-Dimitrova (Bulgaria)</li><li>■ <i>SAFE – Attachment Family Education program to promote security and secure attachment</i> – Goda Bačienė, Gražina Kašlėjūtė (Lithuania)</li><li>■ <i>“Guardian Angel” – help for mothers and children in crisis situations</i> – Līva Saule (Latvia)</li></ul>	<b>Selected challenges in taking care of a young child</b> <ul style="list-style-type: none"><li>■ <i>“Why is it crying so much?” Regulation difficulties in functioning of newborns and infants – image, etiology and possibilities of providing assistance</i> – PhD Magdalena Stawicka, Magdalena Polaszewska-Nicke</li><li>■ <i>Child disability as a factor increasing the risk of abuse</i> – PhD Grażyna Kwaśniewska</li></ul>	<b>Medical aspects of taking care of young child and its family</b> <ul style="list-style-type: none"><li>■ <i>Prematurity in the experience of parents and children. Methods of protecting child development and supporting families</i> – PhD Grażyna Kmita</li><li>■ <i>Paediatrics and psychopathology areas: difficulties in recognising and proceeding in case of Münchausen Syndrome by Proxy (MSBP)</i> – PhD Anna Jakubowska-Winecka</li><li>■ <i>Knowledge of Nursing and Public Health Faculty students regarding domestic violence cases</i> – Daria Ignatowska, Iwona Bruśk</li></ul>
15.00-15.20	<b>Coffee break</b>		
15.20-16.50	<b>Parallel sessions</b> <p><b>Work with families at risk of young child abuse</b> – experiences of Polish non-governmental organizations</p> <ul style="list-style-type: none"><li>■ <i>“Small children – big deal” holistic model of support for families with young children (aged 0-3) in Cracow</i> – Anna Saramowicz, Marcin Kaniewski</li><li>■ <i>Overcoming the results of neglect and abuse towards children taken care of by related foster families</i> – Magdalena Maor</li><li>■ <i>“Support at the start”, that is how to effectively support families with young children to prevent small problems from turning into significant social problems</i> – Magdalena Bylka-Górska, Krzysztof Górski</li></ul>	<b>Selected challenges in working with families</b> <ul style="list-style-type: none"><li>■ <i>Children with FAS in foster families</i> – Teresa Jadczak-Szumilo</li></ul>	<b>Early intervention</b> <ul style="list-style-type: none"><li>■ <i>Changing destinies: early interventions with babies at risk</i> – PhD Stella Acquarone (Great Britain)</li></ul>
16.50-17.30	<b>Summary – plenary session</b> <ul style="list-style-type: none"><li>■ <i>“Good Parent – Good Start” program – a summary of experiences</i> – Karolina Mazurczak</li><li>■ Film on doctor Alina Margolis-Edelman “The girl from the Reading Primer”/ „Ala z elementarza” directed by Edyta Wróblewska</li></ul>		



### Presentation of Alina Margolis-Edelman Award

The Nobody's Children Foundation and „Zeszyty Literackie” (“Literary Books”) Foundation founded for the first time this year the Alina Margolis-Edelman Award for achievements in the field of helping abused children.

The illustrious doctor and social activist – called “the Paediatrician of the World” founded the Nobody's Children Foundation in 1991. This way she created the first European non-governmental organisation that provides multi-level assistance to abused children. Doctor Margolis-Edelman was also the President of Association Les Cahiers Littéraires, the first publisher of the „Zeszyty literackie”/”Literary Books” quarterly. This year, on the occasion of 20th anniversary of the Nobody's Children Foundation, the NCF in cooperation with „Zeszyty Literackie” Foundation founded an award bearing her name.

The Alina Margolis-Edelman Award will be given every year for achievements in the field of helping abused children. The award winner will be selected by the Chapter composed of: Aleksander Edelman, Anna Edelman, Bożena Grzywaczewska, Agnieszka Holland, Tamara Kořakowska, Irena Kornatowska, Teresa Pajszczyk-Kieszkiewicz, Liliana Sonik, Barbara Toruńczyk and Zofia Winawer.

Every year the award winners will receive a statuette and an honorary diploma, and their biographic note will be presented in „Zeszyty Literackie” and the quarterly „Dziecko krzywdzone” magazine.

The award will be handed over during a festive event. This year the ceremony is taking place during the 4th National Conference “Prevention of Young Child Abuse” (17th June) in Warsaw.

More information, the competition rules and an entry form are available on the website: [www.fdn.pl/konkurs\\_ame](http://www.fdn.pl/konkurs_ame)



*Infant mental health in a changing world  
from developmental theories to therapeutic practice*  
Kai von Klitzing (Germany)

In the first part of my talk, I want reconsider developmental theories and their impact on our broader therapeutic approaches. Transitions in development are phases of increased creativity but also of increased vulnerability. In clinical case histories, we try to reconstruct the child's individual way of dealing with transitional phases of development. Parallel to or deeply interwoven with this individual/intrapsychic path, we look at the children's relationships with their nearest relational partners; in most of our societies that means within their families. Families also experience transitions especially when newborns have entered into their relational system. So I would like to report some recent research results which help to consider the connection between individual and family development. Furthermore, I also want to reflect on how our developmental knowledge helps in understanding mental health as well as psychopathology. When we think about families, we have to consider that society and culture have a huge impact on the way that families define themselves and how they deal with important individual and relational transitions. In Eastern Europe, our societies have undergone important changes (developmental transitions) themselves. During the political changes of the last twenty years, the role and structure of families has changed substantially. Especially the way that infants are treated has undergone major change.

In the second part of my talk, I want to address the problem of childhood maltreatment more specifically. Neglect and abuse are highly prevalent phenomena which inflict an immense personal and social (including economic) burden on victims and families as well as society at large. Scientifically, it is beyond doubt that maltreatment in childhood is a major risk factor for lifelong mental health problems, especially internalizing disorders. In consequence, our societies need to establish clinical programs of prevention and therapy. With respect to prevention, programs have to start as early as possible in the life cycle, if possible already during pregnancy and/or infancy. With respect to therapy, we believe that the experience of maltreatment in childhood leads to such complex bio-psycho-social sequelae that only a broad and comprehensive set of well-defined and well-coordinated intervention tools targeting neurobiological as well as psychological and social problem levels will succeed in preventing severe mental health problems for victims of maltreatment in childhood.

**LECTURER:**

**Kai von Klitzing** – MD, Professor of Child and Adolescent Psychiatry, Director of the Department of Child and Adolescent Psychiatry, Psychotherapy, and Psychosomatics of the University of Leipzig, Germany, Psychoanalyst, Member of the Swiss Psychoanalytical Society and German Psychoanalytical Association/ IPA, Training Analyst, Editor of the Journal *Kinderanalyse/Child Analysis*, Associate – editor of the *Infant Mental Health Journal*, Board Member of the World Association for Infant Mental Health (WAIMH). Scientific interests: developmental psychopathology, early triadic relationships (mother – father – infant), children's narratives, psychotherapy (individual and family), neurobiology. Books on attachment disorder, children of immigrant families, psychotherapy in early childhood, psychoanalysis in childhood and adolescence.

**System of support to parents of young children in Poland  
– standards, challenges, possibilities**  
Discussion panel

The panel will be dedicated to discussing topics related to the following areas of support system for families with young children: social work, psychological and psychiatric support, institutional care, interdisciplinary work, perinatal care. The panellists will discuss the quality of work in specific areas, the possibility of creating a complex assistance system for families with young children, and challenges that arise when working with families.

**PANELISTS:**

**Joanna Dolińska-Dobek** – Head of the Unit for Helping the Child and the Family in Social Policy Office in the City Hall of Warsaw, Chairperson of the think tank on “Family” program realized by the City Hall of Warsaw.

**Maria Kolankiewicz** – assistant professor, pedagogue, practitioner and researcher with long experience specialising in the issues related to children raised in institutions. Assistant professor, lecturer in the Faculty of Pedagogy of the Warsaw University, Head of the Laboratory of Social Problems of Child and Family at the Department of Social Pedagogy, director of the House of Young Children in Warsaw. From 1999 to 2006 she was a member of the Council of Social Assistance at the Ministry of Social Policy, and adviser of the European Council work group “Parenthood in the situation of social exclusion”. Author of many publications on children educated in foster care institutions and on consequences of raising children outside family homes.

**Izabela Konca-Wysocka** – psychologist, social worker, Head of the Non – Financial assistance Unit in Welfare Center for Targówek district in Warsaw.

**Irena Kornatowska** – child psychiatrist, president of The Administration Board of the Nobody’s Children Foundation. She worked in the Hospital for Mentally Ill in Pruszków. In years 1966 – 1972 she was Head of the Psycho-Neurology Clinic at the Regional Clinic of School Hygiene in Warsaw. For many years she cooperated with the Institute of Mother and Child in Warsaw. As an expert in family counseling she cooperated on behalf of the IoMC with WHO, UNICEF and UNFPA in creating the standards of family health. From 1985 till 1990 she participated in implementation of international projects in cooperation with the IoMC. Since 1991 she has been providing psychiatric assistance to young patients and their families in the Nobody’s Children Foundation centre. She is an experienced educator and author of publications, among others, in the area of child abuse.

**Anna Otffinowska** – psychologist, graduated from the Faculty of Psychology at the Warsaw University, author and co-organizer of the social campaign aimed at improving situation in Polish maternity hospitals in 1994-95, 2000 and 2006. Founder and president of the Foundation „Childbirth with dignity”, that since 1996 has realized actions for improvement of situation of women giving birth in maternity hospitals, for respecting patient rights and the women right to give birth in proper conditions. Founder of the first Polish school of active birth. Previously she worked in an experimental kindergarten, at the Institute of Psychiatry and Neurology, and she worked as well for the Eko-Okno Foundation. She was awarded St. George Medal by „Tygodnik Powszechny” (in 2008) and St. Kamil Prize (in 2010).

**Magdalena Polaszewska-Nicke** – psychologist. She works for the ZERO-FIVE. Foundation for young children mental health. She is a co-founder of the foundation. She worked among others, in the Mazovia Centre for Children and Youth Neuropsychiatry and Rehabilitation, Centre of Assistance for Children and Family TRAD „Szansa”, in the Children’s Home „Julin” in Kaliski. She conducts workshops for parents and professionals who work with families with young children. She also provides individual consultations for parents of infants and young children (mainly in the form of home visits).

**Magdalena Stawicka** – PhD, psychologist. She works for the ZERO-FIVE. Foundation for young children mental health. She is a co-founder of the foundation, and works as well at the Institute of Psychology of Adam Mickiewicz University in Poznań. Author of publications on attachment, abuse and aggression. She provides individual consultations for parents of infants and newborns (also in the form of home visits) and young children’s parents. She conducts workshops for parents and professionals who work with families with young children.



### How to effectively prepare and run prevention programs addressed to parents of young children – presentation of international good practices

Lecture Theatre A  
Time: 13.30-15.00  
Led by: Alicja Teodorowicz

#### *Services for prevention of placing babies in institution.* **Prof. Nelli Petrova-Dimitrova (Bulgaria)**

The goal of the presentation is to present SAPI's experience in a partnership project with UNICEF and Shumen Municipality, on closing a home for children, aged 0-3, through the development of services, including new ones for our country. The project's idea is that no child in this home will be moved to another type of residential care. Based on individual assessment of each child's case, an individual plan for family-type care is created – reintegration in the biological family, adoption or foster care. The concept and methodology of this assessment will be presented, as well as the new services at the maternity unit level, targeting abandonment prevention, and finally, the services for support of families and children. An emphasis will be put on the foster care for babies – recruitment, evaluation and training of candidate foster parents, support of foster families after receiving the child at home.

#### *SAFE Attachment Family Education program to promote security and secure attachment* **Goda Bačienė, Gražina Kašlėjūtė (Lithuania)**

SAFE Attachment Family Education program was developed by child psychiatrist dr.K.H.Brisch. The program is based on attachment theory that is shortly presented. The course consists of 10 sessions with parent group before and after child birth. The goals are security for the parents, the child and their interaction. Preventing trauma transmission across generations is by conducting AAI (Adult Attachment Interview) and other questionnaires. Imparting information using slides, practical experiences in large and small groups, video feedback, discussions and self – exploration are used as basic methods. Each session as well as practical guidelines (course place, duration, group size) would be shortly presented. Some photos and participants' feedback will be shared.

#### *„Guardian angel” – help for mothers and children in crisis situations* **Līva Saule (Latvia)**

Program's "Guardian angel" goal is to create a support system for new families where young parents come from orphanages, or are families that are in high social risk situations and are expecting baby or parenting a young child. The program is composed of 5 key activities – local community program involving volunteers; support for child's upbringing and care; support groups for new families; counseling for new families; events for families.

## LECTURERS:

**Prof. Nelli Petrova-Dimitrova** – is among the key figures in the social work field in Bulgaria. She is expert trainer, supervisor, consultant, methodic consultant, and Associate Professor at Sofia University St. Kliment Ohridski in Social Pedagogy since 2002. She is founder and President of the Social Activities and Practices Institute, an organisation with broad experience in services for children and families at risk, with prevention emphasis, in 3 cities in Bulgaria, with over 100 employees and experts. The Institute is also licensed to conduct professional trainings in social work with focus on child services. Finally, it produces qualitative and quantitative researches, as well as expert assessments on policies, strategies and practices in the field of social work practice and training; and takes active part in lobbying initiatives as part of the National Network for Children and the Eurochild Network. In her various capacities, Nelli participates actively in national and international events on exchange of expertise and good practices within the European community.

**Goda Bačienė** – child and adolescent psychiatrist and psychotherapist, teacher in Vilnius University program of child psychoanalytical psychotherapy. Working at in-patient department of early intervention Vilnius University Clinic – Child Development Center; also Mental Health Center of Vilnius region, Children Support Center and private practice.

**Gražina Kašlėjūtė** – clinical psychologist. Specializes in psychoanalytical psychotherapy. Working experience at SOS Children Village (SOS-Kinderdorf) with children in alternative care and at state children home. Interests and master degree about research on mother – infant attachment topics.

**Līva Saule** – has a Bachelor of Science Degree in Economics and Business Administration that was acquired in Stockholm School of Economics in Riga. She has previous experience working in nongovernmental organization “Buckner” and assisting in Human Resource management for Ernst & Young Baltic. Now she works in Center against abuse “Dardedze” as Project Manager.

## Selected challenges in taking care of a young child

Rooms 139/140

Time: 13.30-15.00

Led by: Marlena Trąbińska-Haduch

### ***“Why is it crying so much?” Regulation difficulties in functioning of newborns and infants – image, etiology and providing assistance*** PhD Magdalena Stawicka, Magdalena Polaszewska-Nicke

Difficulties in calming down a baby crying, inexplicable behaviour of a baby during feeding, or reluctance to eat, problems with sleeping or often waking up are a serious challenge for the baby’s carers who – usually – have already many problems related to the first period of adapting themselves to their new roles. Unfortunately, even specialists (e.g. paediatricians, neonatologists or midwives), who are asked for help by concerned parents, are often helpless when handling difficult to soothe newborns and infants. Meanwhile, early discovery of problems in functioning of newborns and infants, and subsequently adequate assistance provided to parents in taking care of “difficult” babies, are the key protection factor in preventing serious distortions in their mutual relations, which can take a form of various kinds of abuse. At the same time those mutual relations are the basic context conditioning correct child development.

It seems that still there is not enough solid knowledge about regulation difficulties in newborns’ and infants’ behaviour, nor enough persons and institutions ready to offer assistance to their parents in child care so that the initial problems would not become disorders. In our presentation we will give an account of contemporary views on infants self-regulation problems, their basic conditioning and possibilities of intervention and assistance. We will also present examples of experiences in this area, developed by the ZERO-FIVE. Foundation for young children mental health.

### ***Child’s disability as a factor increasing the risk of abuse*** PhD Grażyna Kwaśniewska

In recent years there has been a significant increase in interest the phenomenon of child abuse in the family, that is which is seen as a safe base, full of love and care. Public discourse and analytical research show, that child abuse is not a new issue. What is new is that cases of child abuse are brought to a daylight. Children and youth with disabilities are particularly at risk of abuse. Studies conducted so far indicate that there is a multi-factor relation between disability and abuse. However, the specificity and complexity of both issues are the reason why we do not have an abundant study and research in his respect. The presentation will attempt to underline the importance of the problem of abuse towards disabled persons.

#### LECTURERS:

**Magdalena Polaszewska-Nicke** – psychologist. She works for the ZERO-FIVE. Foundation for young children mental health. She is a co-founder of the foundation. She worked among others, in the Mazovia Centre for Children and Youth Neuropsychiatry and Rehabilitation, Centre of Assistance for Children and Family TRAD „Szansa”, in the Children’s Home „Julin” in Kaliski. She conducts workshops for parents and professionals who work with families with young children. She also provides individual consultations for parents of infants and young children (mainly in the form of home visits).

**Magdalena Stawicka** – PhD, psychologist. She works for the ZERO-FIVE. Foundation for young children mental health. She is a co-founder of the foundation, and works as well at the Institute of Psychology of Adam Mickiewicz University in Poznań. Author of publications on attachment, abuse and aggression. She provides individual consultations for parents of infants and newborns (also in the form of home visits) and young children’s parents. She conducts workshops for parents and professionals who work with families with young children.

**Dr Grażyna Kwaśniewska** – assistant professor in the Department of Special Psychopedagogy at the University of Maria Curie-Skłodowska in Lublin. Scientific interest and research and educational activities focus on issues related to special pedagogy, in particular oligophrenopedagogy, pedagogy related to persons with learning difficulties, and pedagogy of families, including issues related to families with a disabled child. Recently, she centers her scientific work on early intervention and early support for families with children with abilities or at risk of disability. Scientific attainments include over 60 articles in national scientific publications and 3 books.

## Medical aspects of taking care of young child and its family

Rooms 141/142

Time: 13.30-15.00

Led by: Karolina Mazurczak

### *Prematurity in the experience of parents and children. Methods of protecting child development and supporting family* PhD Grażyna Kmita

The presentation is dedicated to the phenomenon of extreme prematurity experienced by parents and children. Specific threats for child's life, health and development resulting from a birth before 26th week of biological age will be described, as well as challenges for the creation of the parents – child relation. Moreover, the author will try to analyse diverse development trajectories of the smallest premature babies, including the phenomenon of “psychological resistance” and “compensation of the early biological trauma”, and issues related to mechanisms of protecting development and methods of supporting the family.

The lecture is based on the author's experiences from clinic work, and on a part of the analysis realised within the framework of the project of the Ministry of Science “Relational and biological conditioning of self-regulation in premature infants”.

### *Paediatrics and psychopathology areas: difficulties in diagnosing and proceeding in case of Münchausen Syndrome by Proxy (MSBP)* PhD Anna Jakubowska-Winecka

Münchausen Syndrome by Proxy (MSBP) is related to the modern medical care system. Parents fulfilling the MSBP criteria when having contact with health services do not seem nor as abusers nor as persons with psychological disorders. Their intentions are difficult to diagnose as they are completely irrational and deeply hidden.

The essence of paediatrics proceeding should be the protection of a child against further abuse. The consequences of abuse may be diverse: from situations relatively not risky for a child's life, if a disease symptoms are invented by a parent and a child is submitted to unnecessary medical interventions, to potential death of a child caused by the abuser's actions.

In practice, avoiding confrontation with the problem as well as excessive suspicions towards parents, in case of observing in a child prolonged and inexplicable disease symptoms, may bear negative effects. In the presentation, the problems related to diagnosis and proceeding in case of suspecting MSBP are explained by using examples.

### *Knowledge of Nursing and Public Health Faculty students regarding domestic violence cases* Daria Ignatowska, Iwona Bruśk

Domestic violence is one of the most common social problems. Maltreatment of children, women and elderly people has been known since the ancient times. At present, according to Polish legislation violence against family members is considered as a criminal offense.

An important level of counteracting domestic violence is not only prevention but also an effective intervention. It is indispensable to prepare representatives of the institutions obliged by Law to intervene in case of domestic violence, to undertake such actions.

During the lecture the results of survey research realised in 2011 for the master thesis at the Public Health Faculty will be presented. The survey was carried out among students of the 3rd course of WMU – Faculty of Nursing and Public Health.

The research results show differences in the level of knowledge on domestic violence among future nurses and public health specialists. The conclusions suggest introducing contents covering the area of social pathologies and prevention of violence, in the curriculum of the nursing specialisation.



## LECTURERS:

**PhD Grażyna Kmita** – graduated from the Faculty of Psychology at the Warsaw University, clinical psychologist specialising in child clinical psychology. She is a lecturer at the Department of Child and Family Clinical Psychology at the Faculty of Psychology at the WU, and the Head of Early Psychological Intervention Unit at the Institute of Mother and Child in Warsaw. She defended the doctoral thesis on the premature birth trauma at the WU Faculty of Psychology in 2002. She was certified by the Polish Association of Psychologists as a consultant specialising in the child clinical psychology in the area of early psychological intervention, and in July 2007 she obtained the certificate of Brazelton Institute which allows using the NBAS scale. For many years she has been applying the method of analysis of interaction in work with families of young children. The areas of her research and clinic interests include infants' mental health, parents – child interactions and relations, development of self-regulatory functions, and psychological mechanisms protecting from the pathology of development in premature children. She is a consultant at the Neonatology and Newborns Intensive Care Clinic of the Institute of Mother and Child in Warsaw. She is a member of the Polish Psychological Association, World Association for Infant Mental Health and International Society for the Study of Behavioural Development.

**PhD Anna Jakubowska-Winecka** – Head of Health Psychology Unit at the Child Health Center Memorial Institute. She graduated from the Faculty of Psychology at Warsaw University, Doctor of Humanities, clinical psychology specialist. She combines clinical work with research and teaching activity. She is a consultant certified by the Polish Psychological Association in the area of clinical psychology of somatically ill children. Author of almost 50 publications, articles, chapters in diverse books, co-editor of a manual for medicine students – the book was awarded the Minister of Health prize in 2008.

**Daria Ignatowska** – she graduated from the Warsaw Medical University, at the Faculty of Nursing (bachelor degree) and Public Health (master). The subject of the master thesis and of the research realised are a continuation of the bachelor thesis titled: "Maltreated Child Syndrome in comparative studies on the nursing faculty students".

**Iwona Bruśk** – senior lecturer at the Department of Public Health at Warsaw Medical University, tutor of bachelor thesis in the area of social pathologies, health sociology. She completed the Studies on Domestic Violence Prevention and she graduated from Postgraduate Social Economy College.

## Work with families at risk of young child abuse – experiences of Polish non-governmental organizations

Rooms 141/142  
Time: 15:20-16.50  
Led by: Gabriela Kühn

### *“Small children – big deal” holistic model of support for families with young children (aged 0-3) in Cracow* Anna Saramowicz, Marcin Kaniewski

During the presentation methods of creating teams and involvement of persons and institutions in work with young children will be discussed. The persons presenting the model will talk about experiences of the Cracow Institute of Psychotherapy (operating in the framework of Siemacha Association), about their achievements and difficulties related to realisation of the project “Small children – big deal”. The issue of the centre being recognized and positively identified at the market, as well as the necessity of adjusting activities to the persons from diverse groups of beneficiaries (including groups at risk) will be also addressed. At the end of the presentation there will be a debate on terms and conditions for a successful cooperation between parents, professionals and institutions providing care for young children.

### *Overcoming the results of neglect and abuse towards children taken care of by related foster families* Magdalena Maor

The project of Silesia Regional Office of the Children’s Friends Association, addressed to related foster families usually formed by a child’s grandparents will be presented. The work with parents encompasses building relationship with a child and recognising symptoms of neglect and abuse, and aims at enhancing educational skills of the foster parents. The work with a foster family is considered as one of the stages on the path to bringing the child back to a natural family which is also prepared for resuming the care over the child.

### *“Support at the start”, that is how to effectively support families with young children to prevent small problems from turning into significant social problems* Magdalena Bylka-Górska, Krzysztof Górski

The „Sto Pocięch” (“A Hundred Kids”) Foundation is a place of early prevention addressed to families with young children, that has been carrying out its activities in Warsaw for 6 years now. The project „Wsparcie na starcie” (“Support at the start”) and its continuation „Dobre wsparcie na początek” (“Good support at the beginning”) are based on the formula “better preventing than treating”, and aim at supporting families at the early stage of their development as it is the only reasonable way of preventing pathologies and dysfunctions that appear in later years. Our experience shows that strengthening the parents – especially mothers, who are overwhelmed by the routine of the everyday care of a baby, is the shortest and cheapest form of prophylaxis and prevention of child abuse. Parents participating in the project were offered the following activities: Support group for mothers of the babies aged 1 – „Urodziłam życie” (“I gave life”); psycho-educational workshops of anger, frustration and stress management – „Moje dziecko mnie złości” (“My baby makes me angry.”), and moderated discussions, lectures and individual sessions with a psychologist.

#### LECTURERS:

*Anna Saramowicz – psychologist, completed a postgraduate training which prepare for obtaining a psychotherapy certificate of the Polish Psychotherapy Association – Section of Psychiatry Research. Author of prevention programs in the area of addictions and prevention of violence, addressed to children and youth, realised in cooperation with the Creative Intervention Centre in Cracow.*

*Marcin Kaniewski – psychologist, psychotherapist at the Cracow Psychotherapy Institute; has cooperated with many centres and institutions in Łódź and Cracow providing therapeutic assistance to children and families. He carries out workshops, support groups, trainings above of all aiming at support for marriages and families, including families with young children.*

**Magdalena Maor** – pedagogue, graduated from Pedagogy and Psychology Department of Silesia University in Katowice. During her studies she worked as an educator in a community centre. She works as a pedagogue-volunteer at the Child Ombudsman Office of the Association of the Children's Friends in Katowice. Coordinator and author of the project "Elimination of effects of violence and abuse among children in related foster families" under the "Safe Childhood" program.

**Magdalena Bylka-Górska** – coach, therapist, coordinator of projects for families in the „Sto Pocięch” Foundation, graduate of the Warsaw University Institute of Applied Social Studies, and of the psychotherapy college – Cracow Psychodynamic Centre. For several years she has been working in the area of psychological assistance, among others with: women preparing themselves for pregnancy and labour, and with mums of young children's. She has been cooperating with the „Sto Pocięch” Foundation since its beginning, at present she carries out psycho-educational workshops for parents and support and development group sessions for mothers.

**Krzysztof Górski** – psychotherapist, coach studying at the Psychotherapy School INTRA, a graduate of the Warsaw University Institute of Applied Social Studies (1998). He has carried out therapy sessions with children, youth and disabled persons, and worked also as a senior specialist in the Family and Youth Department of the State Agency of Prevention for Alcohol Related Problems. He supports and trains parents, educators and professionals in the scope of educational and psychological skills. He works in the „Sto Pocięch” Foundation, among others, coordinating the project addressed to parents "Good support at the beginning" („Dobre wsparcie na początek”) and he works as well at the Family Clinic of the OPTA Association.

## Selected challenges in working with families

Rooms 139/140

Time: 15:20-16.50

Led by: Aneta Kwaśny

### *Children with FAS in foster families*

**Teresa Jadczyk-Szumilo**

The lecture covers the specificity of taking care of children with FAS. Parents taking care of a child suffering from FAS should be aware of the child's health state, and of his/her limited possibilities of communicating needs and of the notion of those needs being satisfied. For parents, raising a child with Central Nervous System defects is a great challenge. Especially in the situation when there is no diagnosis or deficiencies are not considered by the environment as disorders. In such situations there might be interpretations that blame the child or its parents for delays in development. None of those strategies is adequate as they do not allow us to provide a correct assistance to the child. When discussing the problem of a child with FAS in the family it is worth mentioning not only his/her limitations but also his/her development possibilities.

#### **LECTURER:**

**Teresa Jadczyk-Szumilo** – *psychologist, pedagogue. She graduated from the qualifying postgraduate studies in neuropsychological diagnosis and therapy. She is a 2nd grade coach certified by the Polish Psychological Association. She is interested in developmental neuropsychology. For the last few years she has been working on psychological methods of diagnosing children with FAS. She is an expert for the State Agency for Prevention of Alcohol Related Problems in the area of FAS. She works in a private Psychological Institute Item – Social Skills (Pracownia Psychologiczna Item – Umiejętności Społeczne) in Żywiec. She is a consultant in the area of developmental psychology in the clinic Santé de la Corbière in Switzerland.*



## Early intervention

Lecture Theatre A  
Time: 15:20-16.50  
Led by: Magdalena Stawicka

### *Changing destiny: early interventions with babies at risk* PhD Stella Acquarone (Great Britain)

Certain kinds of babies appear in my clinical practice at risk of emotional disorders by showing autistic behaviours. Because these babies are too young for a definitive diagnosis, we call these babies “pre-autistics”. These babies (and very young children) can easily be helped by screening for the early “signs” in the babies or in the parents. The pre-autistic baby may feel that people are hurtful or confusing and therefore they have to avoid them. In some cases, disability, trauma, or parental treatment may predispose a child to dissociate and create another world in themselves where they feel isolated and secure. I will present the treatment that we offer at the Parent Infant Clinic and the scale that helps us monitor the developmental progress in interactive relationships with their parents and siblings as well as noting progress in the emotional attunement and humanization of the child. I will present a brief literature review and a clinical example.

#### LECTURER:

**Stella Acquarone** – *PhD, is an adult and child psychoanalytic psychotherapist and founder of the Parent Infant Clinic and School of Infant Mental Health in 1990 and of the International pre-Autistic Network (an international charity registered in the UK). Based in London, she has worked for 32 years with parents and infants in the NHS as well as privately, pioneering and laying the foundations of parent – infant psychotherapy. She has presented workshops and conferences and trained professionals all over the world and has published many papers and several books, including the recent “Infant-Parent Psychotherapy: A Handbook for Professionals”. She has been researching and working with infants with autistic tendencies since 1980, and her Infant Family Programme offers an intensive early-intervention treatment approach administered by a multidisciplinary therapy team and based on psychoanalytic thinking.*

#### *“Good Parent – Good Start” program – a summary of experiences* Karolina Mazurczak

The program that has been implemented by the Nobody’s Children Foundation since 2007, aims at prevention of young children abuse (age: 0-3 years), and at supporting children’s parents/carers to help them take care and educate their children without violence.

The program is realised under the patronage of the Ministry of Health, the Ministry of Labour and Social Policy, Polish Paediatrics Association and Polish Family Medicine Association.

The experiences in work with parents, gathered by the Nobody’s Children Foundation, show that parents often do not have knowledge on how to take care of a child, and they are not aware that some behaviours (e.g. shaking a baby) may have a negative influence on the child’s development. The “Good Parent – Good Start” program aims at supporting parents in the first period after their child’s birth – by delivering them information on how to handle a baby in order to assure the child an appropriate care and to make themselves feel secure with their new function. This type of knowledge is indispensable for the parents who were not taught positive patterns of parent – child relations in their family homes. It is also indispensable for the parents who live in poverty, struggle with addictions, are unemployed or need social assistance. This group of parents are not willing to take advantage of the commercial offer addressed to parents (paid pre-labour schools, educational trainings, magazines for parents).

Moreover, research and experiences related to work with the mentioned group of parents show that children – especially young children – are particularly at risk of abuse. It is therefore necessary to develop systems and procedures allowing professionals working with parents of young children to identify risk factors of young child abuse. Such programs are successfully implemented in many EU countries, and in the USA and Australia.

Within the “Good Parent – Good Start” program, a Local System of Prevention of Young Child Abuse has been created, that will allow fast identification of the families at risk of young child abuse and will make it possible to offer them support and assistance. The system is based on cooperation between local welfare centre, health care centre and institutions acting for the benefit of the young children. Within the program, parents of young children (0-3) who register their child in a health clinic for the first time, receive a “Good Parent” Package – a set of educational materials. The families identified by health service employees, social assistance employees or by day nursery employees, as families at risk of child abuse, receive an offer of a free of charge participation in individual consultations and educational workshops.

“Good Parent – Good Start” program activities may be divided in two main categories:

- activities addressed to parents expecting a baby and to the parents of young children;
- activities addressed to professionals working with children of 0-3 years.

#### **Activities addressed to parents:**

- Information campaign: educational publications for the parents of young children, website [www.dobryrodzic.fdn.pl](http://www.dobryrodzic.fdn.pl);
- Direct activities: parental skills workshops, educational meetings, psychological/ pedagogical consultations, time for common playing of parents and children, “A volunteer in the family” project.

#### **Activities addressed to professionals:**

- Information – education activities: trainings, seminars, conferences.
- specialised publications on, among others, identification of risk factors of child abuse, working with parents of young children; scenarios of workshops with parents, a handbook on creation of a local system of preventing young child abuse, and website [www.dobryrodzic.fdn.pl](http://www.dobryrodzic.fdn.pl) where the latest scientific information and presentations of good practices in prevention of young child abuse are published;
- professional consultations – supervision session, phone and individual consultations.

**Presentation of a film on doctor Alina Margolis-Edelman  
“The girl from the Reading Primer”/ „Ala z elementarza”**

**“The girl from the Reading Primer”, Poland 2009**

**Story and direction:** Edyta Wróblewska

**Photographs:** Piotr Niemyjski

**Editing:** Agnieszka Glińska

**Production:** Studio Filmowe Kalejdoskop

**Co-financing:** Polish Film Institute

It is a film portrait of doctor Alina Margolis-Edelman, founder of the Nobody’s Children Foundation who was the model of Ala from the „Reading Primer” by Marian Falski. During the Second World War she studied at the Nursing School in Warsaw Ghetto. In 1968 she was forced to leave Poland. She participated in missions organised by the French organisation “Doctors without Borders”, saving life and healing children all over the world.

It is a portrait of a woman of incredible energy, who did things that for other people seem impossible to realise.

An excerpt of the film review published on [www.filmweb.pl](http://www.filmweb.pl)

„Ala z Elementarza”/„ The girl from the Reading Primer” is a short documentary portraying a personage of a considerable stature – Alina Margolis-Edelman, a Polish doctor and social activist of Jewish origins. According to Marian Falski – Alina’s parents’ friend, and the author of the most famous Polish primer, Alina was the prototype of the character of Ala in his book, and till today many consider her as a model of a woman. The film allows the audience to get to know the biography of the noble woman of extraordinary forbearance and special sensitivity to human suffering, at the same time very dynamic, passionate and courageous enough to help and cure people. Edelman’s wife lived through the nightmare of the ghetto and March ‘68 persecutions. In spite of the traumatic experiences, Alina was still a very active person. She worked for the French organisation “Doctors without Borders”, and as the only Polish woman she was co-founder of the organisation “Doctors of the World”. While living abroad due to forced emigration, she never forgot her motherland. She organised help for the opposition. The reference to The Reading Primer and unconventional animations presented in the film highlight the presence of children in the activist’s life. Before leaving Poland, as a doctor she took care of children suffering from diabetes. In the democratic Poland she dreamt about creating an institution that would focus on helping abused children, so in 1991 she set up the Nobody’s Children Foundation. The suffering she experienced and observed all over the world, had not taken away her inexhaustible energy to help the weaker and to feel a vivid, tender and authentic affection for her close friends and family.



## **Small grants competition „Safe childhood” organised by the Nobody’s Children Foundation from the funds of The VELUX Foundations**

The program supports activities aimed at protecting children from violence and abuse, as well as at supporting their families and carers. The funds from the grant competition co-finance projects of preventing Internet threats to children, preventing young child abuse and helping children – victims of crime.

The competition is organised in years 2010 – 2012. The grants are for non-governmental organisations’ actions supporting local communities in improving standards of children safety, in the following program lines:

- 1) Safe Internet for youth
- 2) Prevention of young child abuse
- 3) Helping children – victims of crime and abuse

The third edition of the competition will be announced in October 2011, for the projects to be implemented in the period from 1st March till 30th November 2012.

The grant competition is financed from the funds of The VELUX Foundations.

## **Micro-grants competition “Safer Internet Day”**

The competition is realised within the grant program “Safe Childhood” which supports actions aimed at protecting children from abuse and supporting their families and carers.

The funds of the micro-grant competition allow to co-finance the projects aimed at initiating and promoting activities for safe access to the Internet for children and youth, familiarising parents, teachers and tutors with the issues of children’s safety on the Internet and promoting the subject of online safety.

The Safer Internet Day will be celebrated in February 2012 for the eighth time. It is organized by the Nobody’s Children Foundation (FDN) and the Scientific and Academic Computer Network (NASK) that create the National Centre of the Program “Safer Internet”. The main partner is the Orange Foundation. More information on the Safer Internet Day is available at [www.dbi.pl](http://www.dbi.pl).

The second edition of the competition will be announced in September 2011, for the projects to be implemented in the period from 15th January till 15th March 2012.

The micro-grant competition is financed from the funds of The VELUX Foundations.



## “Child Abuse. Theory. Research. Practice” Quarterly

The quarterly is a magazine published by the Nobody's Children Foundation. It is an interdisciplinary magazine. The aim of the journal is to expand knowledge of the professionals: psychologists, educators, doctors, lawyers, social politicians and others, on diverse aspects of the child abuse issues. The magazine includes publications of the latest and classic theoretical conceptions, empirical findings and information on innovative forms of diagnosis, therapy and prevention measures. The goal of the magazine is to create a forum for exchanging experiences related to prevention of child abuse and information on significant events: conferences, seminars, trainings and publications regarding the mentioned issues. “Child Abuse. Theory. Research. Practice” cooperates with international magazines dedicated to child abuse issues: “Child Abuse & Neglect” and “Child Maltreatment”.

## The Web portal [www.fdn.pl](http://www.fdn.pl)

The Web portal [www.fdn.pl](http://www.fdn.pl) is a knowledge base gathering information on child abuse issues and on assistance provided to those children who have been victims of violence. It includes detailed information on all the programs and projects implemented by the Nobody's Children Foundation. Moreover, professionals specialising in assistance to children and their families (psychologists, pedagogues, teachers, lawyers) can find there information on trainings run by the foundation. Those interested in the issues related to young child abuse will find there texts, law regulations, research findings and educational materials necessary for their everyday work. In the section “Child on the Web”, parents and professionals concerned with children's safety on the Internet will find information on effective protection of children. Also new parents who struggle with problems related to raising their babies (aged 0-3) can find help in the section of the “Good Parent – Good Start” program. There are articles and booklets, as well as information on currently organised trainings on parenting skills, and on the available support offered in foundation's centres. Professionals supporting parents of young children will find useful materials and information on the trainings organised by the foundation. Families of children who have been victims or witnesses of crimes may obtain information on how to help a child during legal proceedings. The section dedicated to the program “Protecting Children in Legal Procedures” contains, among others, a list of Child Friendly Interview Rooms in Poland and materials for professionals helping children and their families during legal procedures. The website visitors: parents, professionals, children and witnesses of violence have an easy access to all the contents of the website.

## [www.dobryrodzic.fdn.pl](http://www.dobryrodzic.fdn.pl)

The website [www.dobryrodzic.fdn.pl](http://www.dobryrodzic.fdn.pl) is dedicated to the issues related to prevention of young child abuse (age 0-3 years). The website is addressed to the parents of young children and to the professional working with families of young children.

The materials addressed to parents include, among others:

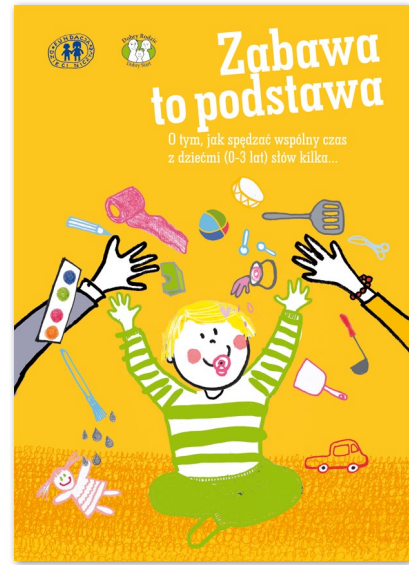
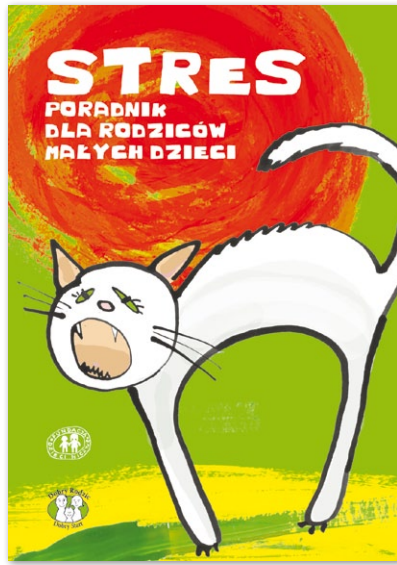
- Information on current free-of-charge consultations, trainings and workshops related to parenting;
- Advisory consultations on difficult situations faced by parents (e.g. baby crying, stress related to parenting), presented by experts from the Child and Family Centre;
- Information on situations dangerous for child health resulting from lack of adequate care (Shaken Baby Syndrome, FAS, young child safety etc.);
- Information on building a positive bond between parents and a child (e.g. on how to play with a baby, how to establish boundaries for a child);
- Access to educational materials (brochures, leaflets).

The part addressed to professionals includes, among others:

- Current information on trainings, conferences, publications related to prevention of young child abuse;
- Description of a problem taking into account the aspect of interdisciplinary cooperation and work with parents;
- A large selection of articles and materials related to prevention of child abuse and work with parents;

Parents and professionals have access to a contact list of institutions providing assistance to young children and their parents in all regions of Poland.

We invite to visit [www.dobryrodzic.fdn.pl](http://www.dobryrodzic.fdn.pl) and to subscribe our Newsletter.



**Organizers:**



**Cooperation:**



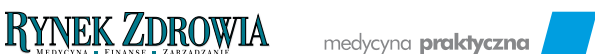
**Co-financing:**



**Honorary Patronage:**



**Media patronage:**



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